

# www.hnc.org.au

Harlaxton Neighbourhood Centre website.  
You can visit it at

**www.hnc.org.au**

You will be able to access the latest newsletter and a variety of other information.

*Feed back required:*

*(Please let us know how you found our new web site. Your feedback is the only way we can improve it.)*

*We appreciate the help of our computer class members who each week work on updating the web site.*

## **Acknowledgments:**

We would like to thank the people listed below for their help and support,



**Kerry Shine MP**  
Member for Toowoomba North

Suite 2 ABC Building  
297 Margaret Street  
Toowoomba Qld 4350  
www.kerryshinemp.com



**Ian Macfarlane MP**  
Member for Groom

216 Margaret Street  
TOOWOOMBA Qld 4350  
P. 07 4632 4144  
E. Ian.Macfarlane.MP@aph.gov.au

Senior Constable Tim Littleton  
Officer in Charge  
Harlaxton Police Beat



**Queensland Government**  
Department of Communities

*This newsletter has been kindly printed by*

**BURSTOWS**  
Funeral Care  
Since 1900



**Anzac Ave Fruit and  
Vege**

News from



January/February 2012

**Queensland Government**  
Department of Communities

**It all starts again!  
Welcome back to our first  
edition of the year 2012.  
We envisage a year of  
excitement , challenge, and  
change, to heighten our  
experiences**

The service will resume normal activities and programs during the month of February 2012. Activities such as Tuesday Lunches, Fruit and Vege, Children's Playgroup, Hoy, Cooking, Computer classes, Men's Group, Craft group, Fishing Club, General meetings, as well as Management Meetings, Hall hirers, In addition to these we will be looking at partnerships with other related services, so that we can broaden our services and deliver an inclusive service across Harlaxton & Toowoomba area

**'THE HUB'**

**Harlaxton Neighbourhood Centre Inc.**

Cnr Coonan and Dwyer Sts PO Box 62 HARLAXTON QLD 4350  
Ph (07) 4639 2868 Fax (07) 4639 2729 Email: [harlaxtonnc@bigpond.com](mailto:harlaxtonnc@bigpond.com)

# What's happenin'

At  
The HUB

- Monday:** Qld Carers  
HOY! (fortnightly)
- Tuesday:** Community Lunches (\$7) Bookings required  
Cooking Classes (fortnightly)  
Knitting Group & Games (Cards, Chess, Scrabble)  
Drug Arm Children's After school Group 2.30-4pm
- Wednesday:** Available for bookings
- Thursday:** Computer Classes  
Qld Carers Men's Group (first Thursday of the month)  
Harlaxton Men's Group  
(second and third Thursday of the month at present)  
Harlo 'Angels and Devils' Care (Healthy eating & living)
- Friday:** Available for bookings

**Management Meetings** are held on the second Tuesday of each month at 10am.

**General Meetings** are held on the first Tuesday of each third month at 10am.

**Fishing Club Meetings** are held on the first Tuesday of the month at 10am  
(Dates of Meetings and Fishing Trips on Page 5 )

You will be able to access our Web site for the more  
comprehensive details of HUB happenings:-  
[hnc.org.au](http://hnc.org.au)

=Dates for your diary=

General Meeting

6th March

Management Committee Meeting

7th Feb

Other Events

Community BBQ 7th Feb. In recognition of services to indigenous  
people affected by last years Floods. [Galangplace.org.au](http://Galangplace.org.au)

# Birthday's and Thanks

The Harlaxton Neighbourhood Centre would like to wish the following members Happy Birthday For January/ February 2012

Ellen Jean Pearce 18th January. Matt Tamou 31st January  
Ursula Casey 19th February .Rodney Hudson 9th February  
Jennifer Gilliam 15th February .Helen Mason 8th February

## BUSINESS AS USUAL: ON-GOING PROGRAMS

Management meeting 7th Feb

HOY. 6th and 27th Feb

Fruit and Vege 3rd and 17th Feb

Children's Group 9th/ 16th/23rd Feb

Community Lunches 14th /28th Feb

**Please Note: Programs/activities and services may change or be cancelled due to attendance / weather/ or events beyond the services control. Every effort will be made to ensure people will not be inconvenienced.**

## Community Lunches -

Great food, Great value, Just **\$7.00**

These delicious meals have been prepared by some of our dedicated volunteers. Everyone is welcome at these gastronomic events and we can guarantee you a delicious meal, accompanied by an equally filling dessert.



Harlaxton Neighbourhood Centre respects the rights of all clients and consumers thus ensuring confidentiality. The rights of the individual, and cultural and diverse beliefs, are respected valued and upheld at all times.

## From the Coordinator's Desk

### Harlo 'Angels and Devils' Care

Healthy eating & living program, for primary school children



Program Co-ordinator: Sonia Knox

Normal Programs resume 9th February 2012 and weekly thereafter until school holidays

\*

\*Program could change depending on the weather. Please check Web site for any changes.

[hnc.org.au](http://hnc.org.au)



As with all our programs if numbers are low the program may be suspended. New parent and children: please ensure you have enrolled your child with your details before participating.



Welcome back to all our readers and community members. I trust everyone had a happy Christmas and are looking forward to a fruitful and prosperous New Year. I have been busy organizing services for the Center and re-establishing closer relationships with other services to ensure a positive outcome for our Community. As we are aware of the tragedy that affected our region last year. Some are still picking up the pieces and trying to get some kind of normality in their lives. Be it known there are services out there that help trauma affected people as a result of loss, helplessness and grief. As a Neighbourhood Centre our service is not geared for consultation in this area however, we are happy to refer people on to related services if called upon to do so. In addition to this I have spoken to a service called Galang Place. They operate a counseling service provided to Indigenous people, who may have been affected by last year's floods. The service have offered to hold a Community BBQ at our Neighbourhood Centre and invited community to come along and share and reflect on the last year's events of the floods in January 2011. If you have any free time on the 7th February please don't hesitate to come along and share a BBQ lunch with us.

We hope to see all our readers at some time of the year, so let's make it happen and don't be a stranger. As always where would we be without our volunteers, for them where would we be.....

Matt P Tamou  
Co ordinator

We at Harlaxton Neighbourhood Centre/The HUB, acknowledge the assistance we provide to and receive from East Creek Neighbourhood Centre and Wilsonton Heights Community Centre.



## Fruit & Veggie Boxes

- Quality Fruit & Veggie boxes are available, every 2nd Friday
- Cost of a box is \$15.00
- Pay on Thursday, before 10.00am
- Pick up between 9am & 10am on Friday



**February 3rd 2012**

This photo is of an actual Fruit and Veggie Box, what you can't see are tomatoes, mandarins, onions. -

## Harlaxton Fishing Club News:

Nothing fishy to report at this stage however in highlighting what is happening this year. We envisage having six fishing events for the year 2012, these will coincide with fishing events or a planned activity that may involve travel. The club will also have raffles this year to support activities and events, thus boosting the clubs viability and standing in the Harlaxton area. We will not only have Junior fishing events but also senior events and various promotions throughout the year.

Calendar of events for this year:

Fishing Club Cent Sale 12th February

Lets Go Fishing 24th April Coolumunda Dam

Fishing Trip 26th May Leslie Dam

Fishing Trip 28th July Boondoomba Dam

Meeting Dates : 7th Feb/ 3rd April/ 5th June/ 7th August

Additional dates and events will be advertised at a later date.

FREE BBQ Sponsored and supported by , Galang Place , Indigenous Counselling Service  
11.30am on 7th February 2012

Library: we have a number of fishing videos available for 3 day hire \$2-00 each .

Fishing World Maroochydore has cheap fishing gear if your interested see Matt for more details.



## COMPUTER LESSONS

ARE  
**YOU** INTERESTED  
IN LEARNING  
BASIC COMPUTING?

*The centre has classes every Thursday*  
[except during school holidays]

**Beginners: 9:30am - Intermediate / Advanced: 10:30am**

**\$6.00 per lesson**

Please contact **Matt** on **4639 2868** for bookings or more information.

## THE HUB

HNC makes no claims and makes no representations as to the content or suitability of the information in the Newsletter for any purpose.

The views and opinions of contributors to the HUB Newsletter are not necessarily those of the Editor, Staff or Management Committee.

Dates printed in this newsletter are subject to change without notice however any change will be noted on the Harlaxton Neighbourhood Centre web site:

[www.hnc.org.au](http://www.hnc.org.au)

## Children and Funerals

The death of a loved one affects everyone in the family, including the children. With a loving explanation of what the funeral is about and what will happen, children should be encouraged (though not forced) to share the funeral experience with the rest of the family and friends.

Adults have a tendency to try and protect children from pain, but children also need to be able to accept the death and resolve their grief, the pain of which no amount of protection (or "fairytales") can eliminate.

Children need to be included in the funeral experience and not left out,

because they are "too young to understand". Children need to say their goodbyes, too.

Need help to explain death to children? We welcome your inquiry.

We have an extensive library of excellent publications or feel free to explore our online resources at [www.burstows.com.au](http://www.burstows.com.au) and click on "Understanding Grief and Mourning".

Call Burstows Funeral Information and Preplanning Centre Ph 4638 9895 to receive your free Bereavement Help Kit.

**HOW TO GROW THROUGH LOSS**  
with Trevor and Don Burstow

Trevor Burstow

Don Burstow

■ **Trevor & Don Burstow**  
are Directors of Burstows Funerals  
- a local family funeral company  
established in 1900.